

YMCA YOUTH LEGISLATURE OF THE STATE OF MONTANA

House Bill Number 320

Legislative Action:

Introduced by: Taylor Tompkins

House Committee: _____

Authored by: Taylor Tompkins

House: _____

Senate Committee: _____

Senate: _____

Delegation: Gardiner

Governor: _____

Referred to Committee: House Health & Human Services Committee

1 A BILL FOR AN ACT ENTITLED: "AN ACT TO REQUIRE TWO HOURS OF INTENSE

2 PHYSICAL ACTIVITY FOR ALL GRADE SCHOOL STUDENTS."

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5 Whereas; The obesity rate in the United States has raised 30% since 1985, the children of

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7 Montana need more physical activity for their future health.

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9 BE IT ENACTED BY THE MONTANA YMCA YOUTH LEGISLATURE:

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11 **Section 1** All students in grades first through sixth will be required to participate in two hours

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13 of intense physical activity during the school day.

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15 **Section 2** Definitions: Intense physical activity can be defined as an activity that raises the

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17 person's heart beat by 60%

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19 **Section 3** Extra-curricular activities do not count for the physical activity. Only physical

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21 education classes will be permitted.

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23 **Section 5** This bill shall become effective starting within the 2008-2009 school year.

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